

Ten Things You Can Do To Stop Global Warming

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Force of Unitarian Universalists for Social Justice
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1. Skip the drive and take public transit, walk or bicycle when you can.
2. If you are buying a car, choose one that is highly fuel efficient. Your choice of vehicle is probably your most important environmental decision.
3. Replace incandescent light bulbs, especially those that burn the longest each day, with compact fluorescent bulbs. Compact fluorescent bulbs help reduce coal burning at power plants, helping clean the air, cutting global warming, and saving you money on your electricity bill.
4. Improve the insulation of your home. Look into caulking and weather-stripping your doorways and windows. You can also install energy-efficient windows. Wrap your water heater in an insulation jacket (available at most hardware stores).
5. Use ceiling fans, or window fans, instead of air conditioning, whenever possible.
6. Buy energy-efficient electronics and appliances. When buying, look for the Energy Star label or a yellow and black sticker that tells you the energy efficiency ratings. To find out which appliances are worth looking at, send for the booklet "The Most Energy-Efficient Appliances" from the American Council for an Energy-Efficient Economy, 1001 Connecticut Ave., N.W., Washington, D.C. 20036. It costs four dollars now, but can save you hundreds.
7. Trees absorb carbon dioxide (CO₂). Absorb CO₂ by planting a tree or trees. By planting shade trees around your house you can also save on electricity.
8. Reduce, Reuse and Recycle! Producing new paper, glass and metal products from recycled materials saves 70 to 90% of the energy and pollution, including CO₂, that would result if the product came from virgin materials. Help complete the cycle by purchasing recycled materials when possible.
9. Urge your local library, malls, houses of worship, and other institutions to install bike racks.
10. Keep pressing members of Congress to significantly raise the gas standards for cars, SUVs and light trucks.